



PRE-LESSON COVID-19 HEALTH SCREEN

1. Have you had confirmed Covid-19 infection or displayed any symptoms (Listed Below) in keeping with COVID-19 within the last 2 weeks?

- Fever
- New, Persistent, Dry Cough
- Shortness of Breath
- Loss of Taste or Smell
- Diarrhoea or Vomiting
- Muscle Aches not related to Sport/Exercise.

If Yes, please do not attend lessons, book a test via the NHS test website, and isolate as per Government advice. Your household members should also quarantine for 14 days. You must notify the school if you test positive and engage with the Track and Trace process.

2. Have you had a known exposure to anyone with confirmed or suspected COVID-19 in the last two weeks? (E.G. Close contact, household member)

If Yes, please do not attend lessons and isolate for 14 days as per Government advice.

3. Do you have any underlying medical conditions?

If Yes, prior to attending lessons, please seek medical advice from your local doctor/general practitioner (GP)

4. Do you live with or will you knowingly come into close contact with someone who is currently shielding or otherwise medically vulnerable if you return to the pool environment?

If Yes, please seek further advice from a medical professional regarding if it is safe for you to return to lessons.

5. Do you fully understand the information presented in the COVID-19 procedures, terms and conditions and accept the risks associated with returning to the swimming pool environment during the COVID-19 Pandemic.

Yes/No

Swimmers Name:

I have read and understood the 'new normal' for the Swim School.

Parents Signature:

Date: