



### **The New Normal.**

*Using these best practices in no way guarantees that the communicable disease, including but not limited to COVID-19 will not be present in the facility; that people actively infected with the communicable disease might be present in the facility nor does implementation of these best practices guarantee that a person or persons will not contract COVID-19 or other communicable diseases from persons or contact within a facility.*

### **Terms and Conditions:**

- **All Swimmers MUST read and the health check prior to attending a lesson.**
- Lessons will be allocated to pupils. Once they have been allocated a lesson time, this will be the swimmers designated 'POD'. In the event that a member of that POD falls ill, the swimming coordinator will inform the rest of the POD the next steps. There might be a chance where we will request all members in that POD to isolate for 14 days as per government guidance.
- Do not come to the facility if you are showing any symptoms of Covid-19 (temperature, cough, difficulty breathing, or anosmia e.g. loss of taste or smell).
- Shower at home, pre and post swimming (This will help with maintain water quality and increase the effectiveness of chlorine as a disinfectant against COVID-19)
- Arrive at the pool ready to swim (there will be no access to the changing rooms) swimmers must come 'Beach Ready'.  
**Beach Ready:** Turn up in swimming costume, no changing room access, shower before leaving at home and depart in dry robe/dressing gown/onesie.
- There will be NO loaning of Goggles, Hats and other equipment. Hats will be available for purchase from the teacher. Swimmer / Parent will have to put on hat and goggles prior to the start of the lesson (Swim School staff will be unable to do this)
- Follow guidance markers and adhere to the 2m social distancing measures.

- You will be required to arrive no earlier than 5 minutes prior to your allocated time frame. If you arrive early, please remain in your vehicle until the designated lesson time.
- Whilst at the swimming pool, social distancing, direction of travel and other risk control measures that are put in place must be adhered to.
- Do not make physical contact with other participants. Always attempt to maintain appropriate social distance between yourself and another swimmer.
- Swimming teachers will deliver ALL lessons from poolside, unless essential assistance is required in the water. Teachers may ask a family member to enter the water to assist their child throughout the course of the lesson first (They will not be required a DBS Check as per Swim England Guidance).
- Avoid touching gates, fences, benches, etc. and wait in the designated waiting area whilst maintaining social distancing. Swimmers will come in through the female changing room entrance when instructed. The Swim School staff will show the children where to go and wait for their session.
- Swimmers must collect their belongings from their changing station and put their clothes/robes/onesies on top of their wet costumes then vacate the swimming pool area via the shallow end fire exit.
- Swimmers will meet their parents by the shallow end fire exit doors. Please limit your time in this area and be as prompt as possible when leaving. Please ensure you are at the pick up point ready to collect your swimmer on time.
- Parents will need to park their cars and collect the swimmers from the shallow end fire exit doors. Parents must stay in their cars during the lesson and the Swim School will call the number provided if there is any problems.
- There will be no parents watching the session.
- Swimmers must go to the toilet at home before starting the session. Toilets will be available if needed.