



The New Normal.

Using these best practices in no way guarantees that the communicable disease, including but not limited to COVID-19 will not be present in the facility; that people actively infected with the communicable disease might be present in the facility nor does implementation of these best practices guarantee that a person or persons will not contract COVID-19 or other communicable diseases from persons or contact within a facility.

This document

- All Swimmers MUST read and the health check prior to attending a lesson.
- Lessons will be allocated to pupils. Once they have been allocated a lesson time, this will be the swimmers designated 'POD'. In the event that a member of that POD falls ill, the swimming coordinator will inform the rest of the POD the next steps.
- Do not come to the facility if you are showing any symptoms of Covid-19 (temperature, cough, difficulty breathing, or anosmia e.g. loss of taste or smell).
- Shower at home, pre and post swimming (This will help with maintain water quality and increase the effectiveness of chlorine as a disinfectant against COVID-19)
- Changing rooms will now be open for swimmers to get ready before and after the session. If you can arrive at the pool 'Beach Ready' this will help to reduce the number of people in the changing rooms.
Beach Ready: Turn up in swimming costume, no changing room access, shower before leaving at home and depart in dry robe/dressing gown/onesie.
- You will be required to arrive no earlier than 5 minutes prior to your allocated time frame. If you arrive early, please remain in your vehicle until the designated lesson time.
- Swimmers will enter and exit the building outside the changing rooms as per pre - COVID. Swimmers will meet their parents outside the changing rooms. Please limit your time in this area and be as prompt as possible when leaving.
- There will be no parents watching the session. Parents must stay in their cars during the lesson (due to the school having boarders on site) and the Swim School will call the number provided if there is any problems.